

- TURF RULES – WATER ONLY, NO Gatorade, no gum, NO sunflower seeds, NO food, NO EXCEPTIONS. This also applies to the track area where the cheerleaders are.
- All Parents And Spectators Must Remain On The Sidelines At Practice And In The Stands At Games. No Exceptions
- Please Remember To Keep Comments Positive In Support Of Our Players --As Well As The Other Team
- 1st Official Game of the Season this SUNDAY AUG. 16TH at home against the Olyphant Lions...**BAKED GOODS NEEDED** – the more the better, just drop them off at the concession stand when you arrive. Players should wear their home uniform (purple jersey w/ white pants) Players and cheerleaders should **report to the Wallenpaupack Stadium as follows:**

D-TEAM @ 11:30am - *cheerleaders @ 11:30am

C-TEAM @ 12:00pm - *cheerleaders @ 12:30pm

B-TEAM @ 1:30pm - *cheerleaders @ 2:00pm

Keep in mind that the Concession Stand does not run itself – volunteers are needed, see Therese Blau to sign up for a time to help.

Wallenpaupack School Grounds are SMOKE FREE – violators are subject to fines up to \$250 – please be advised that we are required to hire and pay security for games and the smoke free policy is enforced

SPECIAL NOTICE: We all have a responsibility to keep the park, the practice areas, and the stadium clean. Please remember to pick up your trash before you leave the park or stadium bleachers, and please remind your children to do the same. Coaches, Board Members and other volunteers should not have to do this at the end of the night or at the end of a game. Thank You.

PRACTICE NEXT WEEK – MON., TUES., WED, - HAWLEY PARK

THURS. –location to be determined, coaches will let you know by Wednesday